

FOR IMMEDIATE RELEASE

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Dalcroze Society of America Hosts Conference and Symposium on *Flow in Performance*
Biannual National Gathering of Teachers Trained in Dalcroze Education

Princeton NJ: The Dalcroze Society of America welcomes musicians, dancers, actors, and other performing artists, as well as teachers in performing arts education to its 2016 National Conference on *Flow in Performance*, which will take place at Westminster Choir College, Rider University, in Princeton NJ this summer, in the week of June 20 – 24. The event features a Pre-Conference Symposium to be held on June 20 & 21 and the DSA 2016 National Conference to be held on June 22, 23, & 24.

Come hear scholars working in a range of disciplines share their research into *flow* and how it relates to human performance. Then experience the ways qualified Dalcroze teachers guide participants to actualize their potential for flow by learning “in and through” music and movement. [Online registration](#) is now open: register before **April 15** to benefit from early registration and enrollment discounts. Regular online registration closes at midnight on **May 31**. Discounted rates are available for members, students, and groups; and the DSA is making a limited number of internships available.

Presenters and attendees who wish to stay overnight may do so without leaving the campus by arranging to stay in the WCC dorms (\$48 double- and \$72 single-occupancy). The DSA will provide continental breakfast for those staying overnight and lunch for all conference attendees. The campus of WCC is readily accessible by travel via Newark International Airport and via NJ Transit trains, first to the Princeton Junction station (West Windsor, NJ) and then via the “Dinky” that runs from there into downtown Princeton, which is a short taxi drive from Westminster Choir College. For more information, contact DSA Administrator, Lauren Hodgson at Admin@DalcrozeUSA.org, or DSA President, Bill Bauer at 732-647-6931.

With its emphasis on rhythmic training, or Eurhythmics, the Dalcroze Approach has a special interest in *flow*, a fundamental aspect of human performance. By shedding light on the hidden assumptions and unspoken principles that engender flow, the Conference and Symposium will advance the teaching and learning of music, dance, mime, acting, storytelling, and other performing arts, as well as other areas of human performance, such as sports and martial arts, where flow is essential. The DSA invites you to come and spend a week exploring *flow* from a variety of perspectives and expanding the range of theoretical models and practical applications now available to educators.

Dalcroze Education is a multi-modal, integrated pedagogical and aesthetic system developed by Emile Jaques-Dalcroze. Through exercises and games that involve rhythmic action and interaction, responsive physical movement, and vocal and instrumental improvisation, qualified practitioners use this system to help participants unite mind and body, perform at higher levels, and achieve greater wholeness. The Dalcroze Approach “in and through” music empowers participants to make vital connections on both the subjective and the interpersonal levels, through music, movement, improvisation, and discovery.

The URL to the [online registration website](#) is:

<https://www.regonline.com/dalcrozesocietyofamerica2016nationalconferenceandp>

You may find more information about this event at the [DSA website](#)