



***Reverberations* Lesson Idea Guidelines**

The prototype of the active music and movement model known as Orff Schulwerk is the spontaneous play of young children in which imitation, experimentation, and personal expression occur naturally and unconsciously. In the Orff Schulwerk process, aspects of play are developed consciously to involve learners with the elements of music and movement.

Media typically used in OS lessons include speech, singing, movement, body percussion, and instrumental play. The model you likely experienced in Levels training included:

- Preliminary Play: Guided experiences in spontaneous exploration of the materials under focus.
- Imitation: Accurate replication (echo response of a given pattern)
- Exploration: Guided experiences in applying suggested ideas
- Improvisation: Invention of original material

Reverberations seeks lesson ideas that:

- Articulate how the prototype described above comes to life in a classroom application
- Are based on artful materials and use multiple media (suggested list above)
- Model a fluid teaching process that guides without being directive
- Are timeless lessons that also include a sense of something greater than the self (e.g., humanity, community, culture)

A specific lesson plan template is not included in these guidelines. It is recommended that you look at Lesson Idea columns that have appeared in past issues of *Reverberations* to get ideas for how to organize your writing. It is helpful to include:

- Concepts and objectives
- Age/grade/stage for which your lesson is intended. Note that “stage” may be the most important consideration as the amount of time students experience in their music classes varies widely across the country.
- Materials needed for the lesson and a list of resources if that will help the teacher expand on your ideas.
- Clearly described teaching process that leaves room for each teacher to adapt the idea to their students and teaching style.

Please refer to the Reverberations Submission Guidelines when submitting a Lesson Idea article.