

# SATURDAY, November 14, 2020

## AOSA Virtual Symposium Schedule



10:15am EST – 9:15am CST – 8:15am MST – 7:15am PST

### Come Together: Take a Break

It's time for yourself!

Simple stretches amid active communication will make you smile, release, and better focus on your tasks for the day. Join **Anu Tähemaa** to get more productive, mentally stronger, and healthier.



11:00am EST – 10:00am CST – 9:00am MST – 8:00am PST

### Feature: Social Emotional Learning in Music Education

Social Emotional Learning (SEL) is a framework intended to help students become socially and emotionally competent. **Scott Edgar** introduces the framework of SEL and highlights explicit connections to music education.



12:00noon EST – 11:00am CST – 10:00am MST – 9:00am PST

### Sessions

**Nicole Chapman**  
Music Advocacy  
Through an  
Administrative Lens

Actively advocate for your program by exploring various ways to develop a culture for music and strong relationships with administration.

**Charissa Duncanson**  
Intersectionality:  
A Tool to  
Cultivate Empathy

Build confidence when practicing hard conversations on race and identity, growing student-teacher trust to allow room for deeper music-making.

**Chris Judah-Lauder**  
Percussion with  
Found Sound

Explore pieces using found sounds and unpitched percussion which empowers students' input for creating, improvisation, and more.

**Kate Webster**  
Taking Care of Me:  
1, 2, 3

Breathe. Move. Reflect. This session uses tools from yoga to practice self-care for the adult educator.